



AFRICA RISING CYCLING CENTER, MUSANZE, RWANDA

EXCLUSIVE CYCLING EXPERIENCES

'Tour du Rwanda'

Road Training package (1/2 day)



For this experience, we will supply you with helmet, bottle, repair kit and fuel pack, fit you to your perfect size bike and ensure your optimum riding position. Then, riding one of our Pro-level carbon fiber race bikes, your Team Rwanda guide will take you on a 2-3 hour (depending on your requirements) training ride across the beautiful Rwandan countryside, stopping for photos of course!

The guide will teach you riding techniques as you go along, show you how to select the right gears for different gradients, experience a HPIT (High Performance Interval Training) burst of intense cadence*-improving activity and then return back to Africa Rising Cycling Center for a stretching session and debrief.

Pro Mountain Bike

Race package (1/2 day)



For this experience, we will supply you with helmet, bottle and repair kit, fit you to one of our top-of-the-range full suspension Scott Spark or Scott Scale 29er mountain bikes (we have some hard-tail options also...) and your Team Rwanda guide will lead you out of the Africa Rising Cycle Center to take on some laps (volume at your discretion!) of the 2015 African Continental Championship MTB course.

Your guide will show you professional techniques for how to handle the different types of terrain you will come across and offer tips on how to improve your off-road riding technique. Photo stops are almost compulsory as the landscape and villages you will ride through are simply stunning. After your laps, you will return to the Center for a stretching session and debrief.

Bicycle Price Guide



Experience Packages

- 'Tour of Rwanda' package: \$150/person
- 'Pro MTB' package: \$150/person
- Discounted rate for groups of three or more

Add-ons

- Clipless cycling shoes: \$10
- Gloves: \$5

Bike Rentals (Road/MTB)

- Road bike (3 hours): \$60* (+\$10/extra hour)
- MTB (3 hours): \$75* (+ \$15/extra hour)
- Max daily rental fee: \$125
- **Weekly Rates Available**

Team Rwanda Guide

- Team Rwanda cycling member to guide your ride:**
- 1-3 hours: \$20
 - Each additional hour: \$5

* VAT included * Prices in \$USD * All rentals min. 3hrs

Please note: Minimal rental time is set at 3 hours to allow for the mechanic to properly fit the individual to the bicycle and review the bicycle usage.

All bicycle rentals include the use of a helmet and water bottle.

House Rentals



Come and stay with us at the ARCC!

Houses at the ARCC include:

Kitchen, Living Room, 1 Bedroom, Bathroom/Shower, Spacious front and back porches and beautiful views!

- Breakfast included
- 1 House (1/2 people): \$60 USD/night
- Additional guests: \$20 USD/night
(up to 4 people total in 1 house)
- Additional meals: \$12 USD/meal

* WIFI available * VAT included

Team Merchandise

Remember to check out our team merchandise!

Limited merchandise available at the ARCC or order online at www.teamafricarising.org

- Team is Team T-Shirt:\$25 USD
- Team Rwanda Short Sleeve Jersey:\$85 USD
- Team Rwanda Long Sleeve Jersey:\$95 USD
- Team Rwanda Bibs:\$135 USD
- Women's Shorts:\$125 USD
- Team Rwanda Sleeveless Vest:\$135 USD
- Team Rwanda Cap:\$20 USD
- Team Socks (various brands):\$15 USD

Thank you for your support!

Open Daily
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